



Penobscot Shores

Life with a view

PLEASE

REMEMBER TO SIGN UP
THE DAY BEFORE.

To call the
dining room when the
office is closed, dial

338-8407

WEEKLY MENU
1/7/19 TO 1/13/19

MONDAY

January 7, 2019

Ham & Potato
Soup

*

Salad

*

Baked Stuffed Haddock
w/lobster sauce

*

Salisbury Steak
w/mushroom onion
gravy

*

Maple Walnut
Ice Cream

TUESDAY

January 8, 2019

Eggplant Fries
w/dipping sauce

*

Salad

*

Welsh Rarebit
w/bacon & tomatoes

*

Thai Meatballs
w/red curry rice noodles

*

Oreo Cookie
Pie

WEDNESDAY

January 9, 2019

New England Clam
Chowder

*

Salad

*

Bim's Black Bean Burger
on toasted brioche
w/chipotle mayo &
bistro potatoes

*

Pesto Gnocchi
w/Italian Sausage

*

Apple Spice
Cake

THURSDAY

January 10, 2019

Chicken & Rice
Soup

*

Salad

*

Veal Milanese
w/arugula vinaigrette

*

Turkey Tetrazzini
on egg noodles

*

Brown Butter Tart

FRIDAY

January 11, 2019

Beef Barley
Soup

*

Salad

*

Bacon Wrapped Scallops
on parmesan risotto

*

Spinach Salad
w/roasted sweet potatoes
& sliced chicken

*

Lemon Cream Cake

SATURDAY

January 12, 2019

Chef's Choice

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Salad

*

Spaghetti Bolognese

*

Large Soup
w/garlic bread

*

Assorted Desserts

SUNDAY

January 13, 2019

Curried Tomato
Bisque

*

Salad

*

Oven Poached
Horseradish Crusted
Salmon

*

Smothered Chicken
w/fresh mozzarella,
tomato & basil

*

Chef's Choice