



Penobscot Shores
Life with a view

PLEASE
Remember to sign up
the day before.

To call the dining room
when the office is closed,
dial **338-8407**

WEEKLY MENU
3/18/19 TO 3/24/19

Monday, March 18

Butternut Squash
Soup

~
Salad

~
Turkey Pot Pie

~
Hummus Flatbread
on naan w/veggies

~
Coffee Ice Cream
w/chocolate sauce

Tuesday, March 19

Carrot Chipotle
Soup

~
Salad

~
Indian Chicken

~
Pesto Alfredo
Tortellini

~
Berry Crisp
a la mode

Wednesday, March 20

Eggplant Fries
w/dipping sauce

~
Salad

~
Grilled Pastrami & Swiss
w/caramelized onions &
mustard

~
Blackened Chicken Caesar

~
Pineapple
Upside Down Cake

Thursday, March 21

Boneless Korean
Spareribs

~
Salad

~
Hungarian
Cabbage Rolls

~
Crunchy Grilled Cheese
w/bacon & tomato

(we call this one "The Bob Witherill" :)

~
Chocolate Chip Cookies

Friday, March 22

Curried Lentil
Soup

~
Salad

~
Cajun Shrimp
on baked polenta
w/salsa fresca

~
Spaghetti Olio
w/olive oil, cheese & lemon

~
Lemon Merengue Pie

Saturday, March 23

Chef's Choice

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Salad

~
Chicken Stew

~
Large Soup
w/garlic bread

~
Assorted Desserts

Sunday, March 24

Chicken Noodle
Soup

~
Salad

~
Grilled Sirloin Steak
Quesadilla

~
Ducktrap Smoked Salmon
on a potato cake

~
Carrot Cake