



Penobscot Shores  
Life with a view

**WEEKLY MENU**  
**5/3/21 ~ 5/9/21**

**Sign-up for the week by**  
**Friday@ 2 p.m.**

On-line at  
<https://www.penobscotshores.com>  
or

Call the Main Office ~ **338-2332**

*See side two for more information*

**Monday May 3**

Creamy Mushroom  
Soup

~Side Salad

~Cheese Manicotti  
w/meat sauce & garlic bread

~Ham & Cheddar  
Scalloped Potatoes

~Herb Baked Chicken Thighs  
w/steamed vegetables ♥

~Assorted Desserts

**Tuesday May 4**

Roasted Garlic & Eggplant  
Soup

~ Side Salad

~Boneless BBQ Ribs  
w/Mexican street corn off the cob  
& rice w/pinto beans

~Pesto Gnocchi  
w/Italian Sausage

~Beyond Burger  
w/spinach & tomatoes ♥

~Molasses Ginger Cookies

**Wednesday May 5**

**Cinco de Mayo**  
**Ole!**

Mexican Pozole  
Soup

~ Rolled Chicken Taco  
on greens (appetizer)

~Chicken Enchilada Pie  
or

~Beef Barbacoa Quesadilla  
both w/guacamole & sour cream

~Baked Chicken Breast  
w/taco seasoning on salad greens ♥

~Cinnamon Sugar Churros

**Thursday May 6**

Tomato Florentine  
Soup

~Side Salad

~Beef Ravioli  
w/mushroom cream sauce

~Falafel Pita Salad  
w/cucumbers, tomatoes & lemon  
dill yogurt sauce

~Falafel Salad  
w/no pita bread ♥

~Buckeye Brownies

**Friday May 7**

Curried Tomato  
Bisque

~Side Salad

~Fish & Chips  
w/tarter sauce & coleslaw

~Bacon, Scallion & Tomato  
Omelet

~Scallion & Tomato Omelet ♥

~Lemon Cream Filled  
Bomboloni

**Saturday May 8**

Chef's Choice

~ Side Salad

-Large Soup  
w/bread

-Three Cheese Stuffed Shells  
w/marinara & mozzarella

~Assorted Desserts

**Sunday May 9**

Broccoli Cheddar  
Soup

~Side Salad

~Baked Stuffed Potato Nachos  
w/taco beef, cheese, sour cream,  
pico de gallo & guacamole

~Spaghetti & Meatballs  
w/garlic bread

~Baked Potato  
w/diced chicken & pico de gallo ♥

~Toll House Pie

## More to the Menu.....

### Mexican Street Corn (Elote)

You can find this corn on every street corner in Mexico. Normally on the cob, we are going to use corn off the cob and season it the same way with a creamy citrusy dressing and a mild Mexican cheese topping YUM!

### Cinco de Mayo Ole!

#### Enchilada Pie

A layered "lasagna like" dish made with corn tortillas, chicken, beans, cheese & enchilada sauce. GF

**Beef Barbacoa** is a slow simmered shredded beef that is tender and seasoned with traditional Mexican spices.

Neither of these dishes are spicy hot.

#### Loaded Potato Nachos

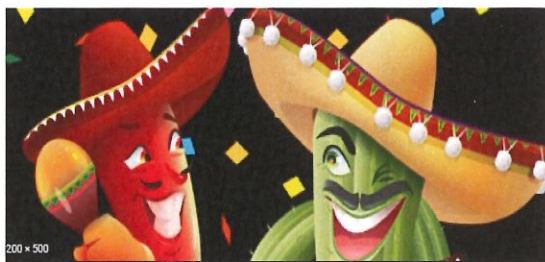
Like beefy nachos but made with a base of roasted thick potato slices instead of chips.

#### Falafel

A fritter made from ground chick peas and seasonings. Typically presented in a pita bread w/salad fixings. YUM!

#### Bomboloni

Again, this is an Italian donut this time filled with lemon cream



**Reminder:** when you submit your dinner choices, make sure you get a return e-mail confirmation that it has been received.

Thank you all for your kind words, cards & e-mails!

**505-3807**

Our third option is a lighter preparation of one of the other entrees and can be found by looking for the ♥ next to it on the menu.

It is simply prepared without salt or fat and ready to eat as is or complimented with your choice of condiments and seasoning.

It is served with the day's soup, salad and fresh cut fruit for dessert.

Bread will not be served with this entrée.

**Diana, Bim & Emerson**

## DID YOU KNOW?

We are now getting local produce from:

~Villageside Farm  
in Freedom

~Cross Patch Farm  
in Morrill

This week we have:

- Spinach!! Is Back!!
- Microgreens

~Soup to go available for \$7.00 a pint. Available the day after it is served at dinner.

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions.

Questions? Please give us a call, stop in, or ask your waiter. Staff are updated every evening before the dining room opens.

From your Executive Chef  
Diana Evans  
505-3807 or [devans@wcgh.org](mailto:devans@wcgh.org)

or